

Dear Mentors and Mentees,

Thank you for agreeing to be part of this project.

The intent of this project was to help nurses overcome barriers to long term employment in health care. Did you know 36 percent of all new nurses leave the profession in the first five years? That statistic is staggering. Michigan Health Council aims to help nurses and other novice healthcare workers find support and skills to navigate those treacherous first few years.

Each mentorship “rotation” is designed to be about six months in length, so when you engage a partner, please count on spending at least that amount of time working with them. You’re only expected to engage once or twice a month and you can do that over any medium, including face-to-face, Google Hangouts, text message, or phone calls. It’s up to you!

Each module is part of a curriculum developed by professional educators and was developed specifically for health care providers. Once you identify your own needs, you can choose whichever modules best suit you. You may view as many or as few as you choose. You may also revisit the modules at any time. The courses are self-paced.

The project is designed to be led by the mentee based on the mentee’s identified needs. That said, the mentor should get leadership skills and self-knowledge out of the experience as well. We hope you will find the content educational and inspiring.

Good luck and thank you for participating,

The Michigan Health Council Team