## Wellstar. HEALTH SYSTEM

## **Hand Hygiene Training and Observation**

Assessment (soap and water)

Validation Method: Observation of technique and minimum time required (20 seconds of hand rubbing with soap) (Time to complete process: approximately 40-60 seconds)

Observation Focus: soap and water hand hygiene Review Period: Upon hire, annually and PRN when retraining needed

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|--|----------------------------|----------------|-----|
| Employee Name:   | Employee Number:           |                |     |
| Department Number:   | Department:                |                |     |
| Job Title:   | Date of event:             |                |     |
|  | cy Job Aid 1 on Policy Tec | h for visual a | nid |
| Observation Criteria for soap and water hand hygiene   |                            | Performed      |     |
| Instructions: Perform hand hygiene using soap and water (rubbing hands with soap must occur a minimum of 20 seconds.) Entire process including turning on water to turning off water with paper towel occur approximately 40-60 seconds.) seconds) Observer to time team member during return demonstration. |                            |                |     |
| a. Team member turns on water faucet in sink   |                            | □Yes           | □No |
| b. Team member wets hands with water   |                            | □Yes           | □No |
| c. Team member applies soap to hands   |                            | □Yes           | □No |
| <ul> <li>d. Rub the entire hand with soap for 20 seconds</li> <li>- Rub between fingers</li> <li>- Rub palms together and back of hands</li> <li>- Rub fingers and nails together</li> <li>- Rub each thumb</li> </ul>   |                            | □Yes           | □No |
| e. Rinse hands in running water from the wrists down to fingertips   |                            | □Yes           | □No |
| f. Dry hands with paper towel(s)   |                            | □Yes           | □No |
| g. Turn off water with paper towel(s) and discard paper towel into trash can   |                            | □Yes           | □No |
| Competency Findings:   |                            |                |     |
| □ PASS: Soap and water hand hygiene using soap and water completed accurately and hands rubbed a minimum of 20 seconds with soap and entire process occurred approximately 40 -60 seconds.   |                            |                |     |
| ☐ ACTION PLAN: Hand hygiene using soap and water retraining required   |                            |                |     |
| ☐ Technique retraining needed as not all parts of the hands were rubbed with soap  |                            |                |     |
| <ul> <li>□ Did not meet 20 second minimum of rubbing hands together with soap</li> <li>□ Did not turn off sink with paper towel (if this is a manual sink)</li> </ul>  |                            |                |     |
| Observer signature:  | Date:                      |                |     |
| Team member signature:   | Date:                      |                |     |